



Richard Shane, Ph.D.

Rapid, Effective Medication-Free Relief From Sleep Difficulties

Dr. Shane's Denver Area office

1746 Cole Boulevard, Suite 225, Golden CO 80401

To call me: I am in my Golden office on Tuesdays. If you need to call me on the phone for any reason (to say you're late, you're sick and having to cancel a session, etc.) call me on my cell phone, 303.304.9933 because my main office phone number rings in my Boulder office.

From Denver:

Take Interstate 70 west to near Golden

Get off at Denver West Blvd. exit

Turn left on Denver West Blvd.

From Golden and west:

Take Interstate 70 east

Get off at Denver West Blvd. exit

Turn right on Denver West Blvd.

The first street is Cole Blvd.

Turn right

Then take your first right into a parking lot. The sign says 1746 Cole Blvd.

Once inside the building, take stairs or elevator to second floor.

You'll see a sign, "Denver West Executive Suites 225."

In the waiting room, on the glass table, you will see a small box on which is written, "To let Dr. Shane know you are here, turn this switch on and leave it on." Please do so. That turns on a light in my office to let me know you are here.

Restrooms are back out across the center lobby of the building.

The office suite doors lock at 5 PM, so if your appointment is a 4:45, please arrive on time.

The building outside doors lock at 6 PM. If your appointment is at 6, please arrive a few minutes early. There are chairs outside the office suite doors and I'll come get you as soon as my previous appointment is finished. If you get to the building late and the outside doors are locked, call me on my cell, 303-304-9933, and as soon as my session is complete, I'll come down and let you in.

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